

Continuing Education Credits

The Western OSHA Education Center (the Center) at Arizona State University issues credit for continuing education according to the following policy.

The Center does not warrant that its continuing education credits have been approved by any specific outside agencies or organizations, and it is the responsibility of the student to verify the acceptability and suitability of this continuing education program with the agency to whom the credits may be submitted. Credit for continuing education is issued to the attending student and is not reported to any other outside agencies.

Professional Development Hour (PDH) is defined as one contact hour of instruction, presentation or study. The term PDH is commonly used in the engineering community. The maximum PDH for a seminar that starts at 8 a.m. and ends at 5 p.m. with an hour lunch is eight (8). Short breaks are permissible as long as a minimum of 50 minutes of presentation/participation/study per hour is undertaken. If there are no breaks, or there are breaks of less than 10 minutes per hour, no additional time may be claimed. PDH cannot exceed the actual contact clock hours. Round off PDH to the nearest half hour. No activity under a half hour will be accepted for credit. For example, a qualifying activity of 30 to 49 minutes would be reported as 0.5 PDH and an activity of 50 to 70 minutes would be reported as 1.0 PDH. PDH is sometimes called PDU (Professional Development Unit).

Continuing Education Unit (CEU) is a nationally recognized method of measuring participation in formal, noncredit continuing education programs. CEUs are defined as 10 contact hours of participation equaling one CEU, in an organized continuing education experience and under responsible sponsorship, capable direction, and qualified instruction. The primary purpose of CEUs is as a record that can be used to give employers, professional associations, and societies a uniform measure of short-term educational programs completed by an individual. CEUs are not academic credits and cannot be applied toward degree work at institutions of higher education.

How do I convert CEU to PDH?

1.0 CEU (Continuing Education Unit) = 10 PDH's

1.0 PDH (Professional Development Hour) = 1.0 Clock Hour (minimum 50 minutes).